

## Activation of ATP-sensitive potassium channels by nicorandil is preserved in aged vascular smooth muscle cells in rats

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**Abstract** Nicorandil, an ATP-sensitive potassium ( $K_{ATP}$ ) channel opener having the properties of a nitrate, causes vasodilation, particularly of coronary arteries, and has been reported to reduce the frequency of perioperative cardiac events. We previously demonstrated that isoflurane could activate vascular  $K_{ATP}$  channels through an intracellular signaling pathway, but that this isoflurane-induced channel opening is suppressed by aging. Here, we investigated whether advanced age modifies nicorandil-induced activation of vascular  $K_{ATP}$  channels. We used a cell-attached patch-clamp configuration to test the effects of nicorandil on  $K_{ATP}$  channel activity in vascular smooth muscle cells (VSMCs) obtained from 12- to 15-week-old (adult) and 24- to 25-month-old (aged) male Wistar rats. Bath application of nicorandil (0.1–100  $\mu$ M) activated  $K_{ATP}$  channels to a level similar to that observed in VSMCs from the arteries of both adult and aged rats. Furthermore, concomitant bath application of nicorandil in the aged group dose-dependently ameliorated the age-related reduction in isoflurane-induced vascular  $K_{ATP}$  channel activation. Our findings indicate that nicorandil could be used effectively in elderly patients to directly activate vascular  $K_{ATP}$  channels during the perioperative period.

**Keywords** Nicorandil · Isoflurane · Potassium channels

Adenosine triphosphate (ATP)-sensitive  $K^+$  ( $K_{ATP}$ ) channels link membrane excitability to metabolism [1]. The intrinsic opening of  $K_{ATP}$  channels in vascular smooth muscle cells (VSMCs) during ischemia is critical for vasodilatation in target organs, enhancing hypoxic tolerance [2, 3]. Pharmacological activation of  $K_{ATP}$  channels by  $K^+$  channel openers (KCOs) can mimic these beneficial actions, and thus KCOs have therapeutic potential for the treatment of ischemic conditions such as angina [3]. Indeed, it has been reported that the perioperative use of nicorandil, the first clinically available KCO with a nitrate-like action, reduces the frequency of cardiac events [4]. In addition to KCOs, volatile anesthetics produce vasodilatation by activating vascular  $K_{ATP}$  channels [5, 6]. However, we recently demonstrated that advanced age impaired isoflurane-induced  $K_{ATP}$  channel activation [7]. On the other hand, it was not known whether advanced age affects nicorandil-induced vascular  $K_{ATP}$  channel activation. The present study was undertaken to examine whether advanced age influences the effect of nicorandil on  $K_{ATP}$  channel activities in freshly isolated rat VSMCs.

All experimental procedures were approved by the Institutional Animal Care and Use Committee of the Kochi Medical School. Twelve- to 15-week-old (adult group: weight  $267 \pm 16$  g,  $n = 6$ ) and 24- to 25-month-old (aged group: weight  $401 \pm 25$  g,  $n = 5$ ) male Wistar rats were used in the present study. VSMCs were isolated using a similar procedure to that reported previously [7]. Single-channel currents were recorded in the cell-attached patch-clamp configuration, which retains the physiological intracellular signaling milieu. Both bath and pipette solutions contained 140 mM KCl, 10 mM HEPES, 10 mM D-glucose, and 0.5 mM ethylene glycol tetraacetic acid (EGTA). Data acquisition and analyses were performed using pClamp 9.2 (Axon Instruments, Foster City, CA,

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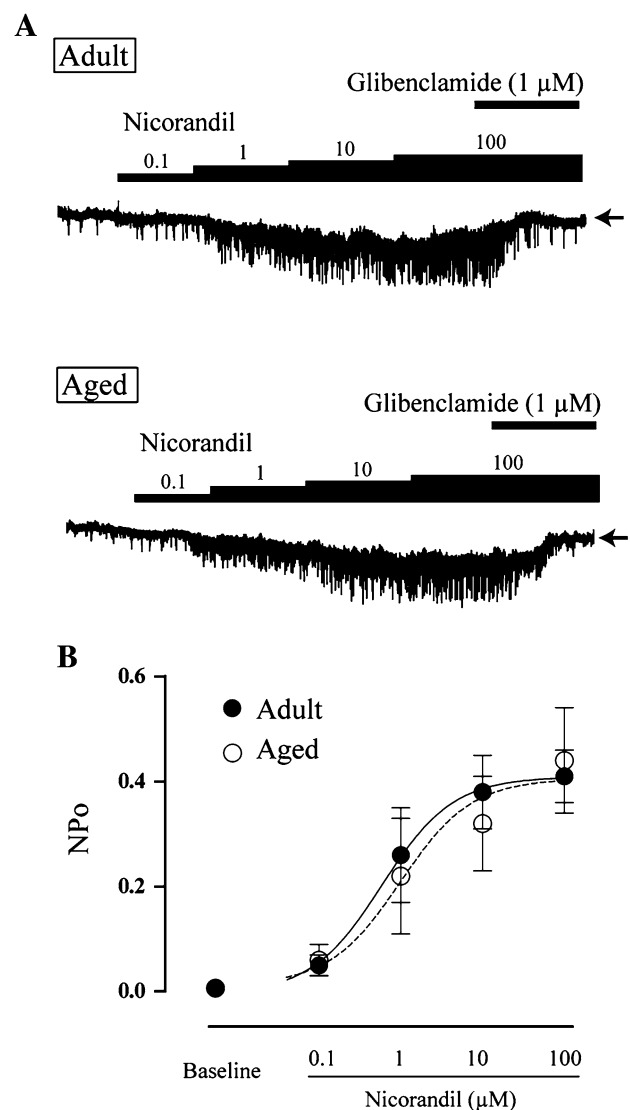
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USA). Open-channel events were identified using a conventional 50 % current amplitude threshold level criterion. Open-channel probability ( $P_o$ ) was determined from the ratios of the areas under the peaks of amplitude histograms fitted to a Gaussian curve. Channel activity was calculated as  $NPo$ , where  $N$  is the number of observed channels in the patch from data samples of 60-s duration in the steady state. Results are presented as the mean  $\pm$  SEM. Results are evaluated by one-way analysis of variance followed by Bonferroni post hoc tests, with  $P < 0.05$  regarded as significant.

Single  $K_{ATP}$  channel openings in adult and aged VSMCs were recorded through cell-attached patches at a holding potential of  $-60$  mV. Our previous studies have shown that, under these conditions, single  $K_{ATP}$  channel currents with a single-channel conductance of approximately 40 pS were observed, which were identical in the two age groups [7]. As shown in Fig. 1a, the bath application of nicorandil (0.1–100  $\mu$ M) dose-dependently activated  $K_{ATP}$  channels in VSMCs from the arteries of both adult and aged animals. In both groups, the subsequent addition of 1  $\mu$ M glibenclamide, a specific  $K_{ATP}$  channel inhibitor, reversed the effects of nicorandil. The nicorandil-induced  $NPo$  values were similar in VSMCs from adult ( $n = 9$ ) and aged ( $n = 9$ ) rats (Fig. 1b). Plasma levels of nicorandil during intravenous administration are reported to be approximately 1–4  $\mu$ M [8, 9], and thus the concentrations of nicorandil that activated  $K_{ATP}$  channels in our experiments are clinically relevant.

In a separate experiment, coadministration of *N*-nitro-*L*-arginine methyl ester (L-NAME, 100  $\mu$ M), a nonselective endogenous NO synthetase inhibitor, had no effect on nicorandil-induced  $K_{ATP}$  channel activation (data not shown;  $n = 5$  in each group), indicating that the nitrate-like action of nicorandil is not involved in  $K_{ATP}$  channel activation.

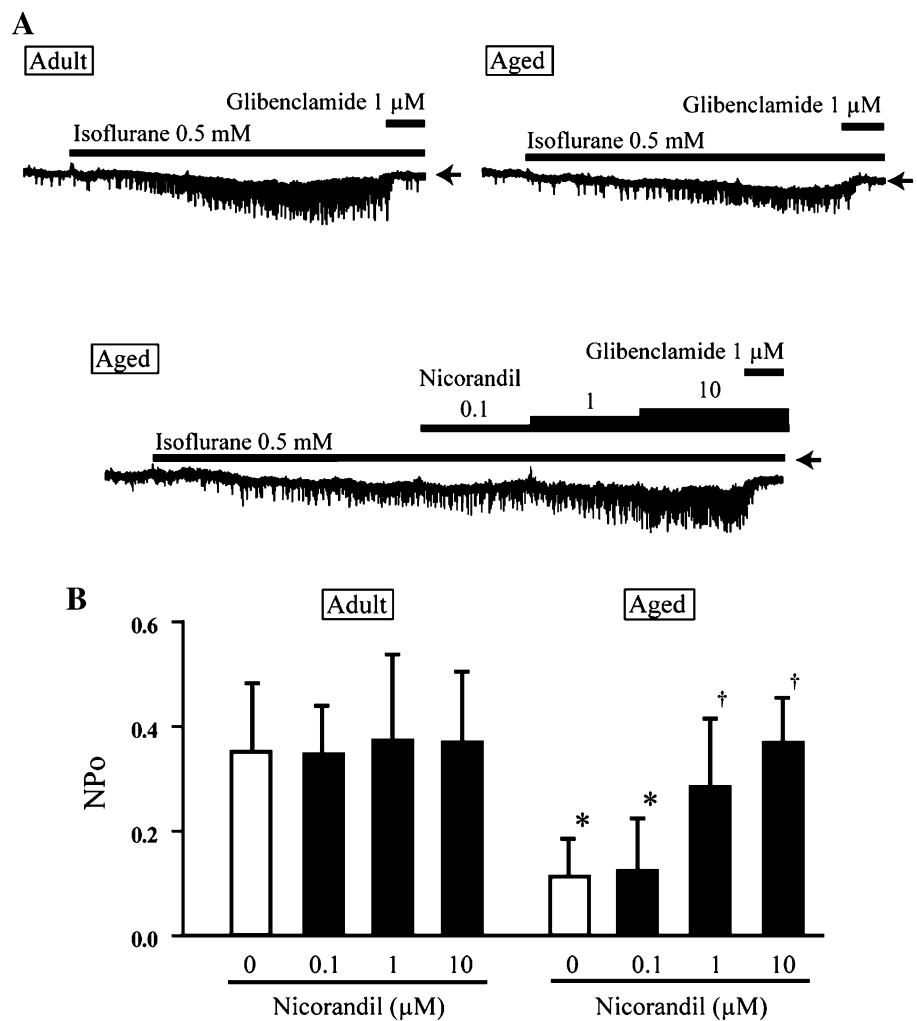
We next examined the effects of concomitant administration of nicorandil on isoflurane-induced  $K_{ATP}$  channel activation in both age groups. In agreement with our previous data [7], the bath application of isoflurane (0.5 mM, 1.0 rat MAC) activated  $K_{ATP}$  channels in VSMCs from the arteries of adult rats, but this isoflurane-induced  $K_{ATP}$  channel activity was suppressed in VSMCs from the arteries of aged rats (Fig. 2a). Subsequent application of nicorandil (0.1–10  $\mu$ M) in the aged group dose-dependently ameliorated this age-related suppression. The isoflurane-induced  $NPo$  in the presence or absence of nicorandil in the two age groups is summarized in Fig. 2b. In this experimental method, isoflurane-induced  $K_{ATP}$  channel activity in the aged group was too low to analyze the dose-dependent effects of isoflurane. Thus, we could not determine whether there is an additive or synergistic effect of isoflurane and nicorandil on  $K_{ATP}$  channels in VSMCs from the arteries of aged rats using isobologram analysis.



**Fig. 1** Effects of nicorandil (0.1–100  $\mu$ M) on ATP-sensitive potassium ( $K_{ATP}$ ) channel activity in rat vascular smooth muscle cells from arteries of adult (12–15 weeks) and aged (24 months or older) rats. **a** Representative current traces of  $K_{ATP}$  channels in the adult and aged groups recorded in cell-attached configuration at a holding potential of  $-60$  mV. Study drugs were superfused into the bath solution during the periods indicated by the solid horizontal bars. **b** Summation of changes in open channel probability ( $NPo$ ) values. Values are shown as means  $\pm$  SEM

Previous genetic studies have shown that vascular  $K_{ATP}$  channel-deficient mice exhibit phenotypes of impaired vascular function, coronary vasospasm, and a high rate of sudden death [10, 11]. Thus, activation of vascular  $K_{ATP}$  channels during the perioperative period may enhance the endogenous cardiovascular protective effects mediated by these channels. Although we previously found that isoflurane pharmacologically activates vascular  $K_{ATP}$  channels via the activation of protein kinase A [6], we also reported that  $K_{ATP}$  channel

**Fig. 2** Additive effect of nicorandil on isoflurane-induced ATP-sensitive potassium ( $K_{ATP}$ ) channel activation in rat vascular smooth muscle cells. **a** Representative current traces of  $K_{ATP}$  channels in the adult (12–15 weeks) and aged (24 months or older) groups recorded in cell-attached configuration at a holding potential of  $-60$  mV. Study drugs were superfused into the bath solution during the periods indicated by the *solid horizontal bars*. **b** Summation of changes in open channel probability ( $NPo$ ) values. Values are shown as means  $\pm$  SEM. Each *vertical bar* represents measurements from five patches. \* $p < 0.05$  versus adult group; † $p < 0.05$  versus baseline (isoflurane alone)



opening induced by isoflurane was significantly suppressed by aging [7]. In contrast, the present study demonstrates that nicorandil can activate vascular  $K_{ATP}$  channels with comparable efficiency in adult and aged groups (Fig. 1b) and ameliorate the age-related reduction in isoflurane-induced channel activation (Fig. 2b). Because nicorandil directly activates  $K_{ATP}$  channels by binding to channel subunits [2], the intrinsic single-channel properties per se may not be affected by aging. This finding indicates that  $K_{ATP}$  channels remain available for therapeutic targeting in aged tissue. In keeping with this hypothesis, it has been reported that nicorandil can reverse the impaired preconditioning of the aged heart [12].

In conclusion, nicorandil-induced activation of vascular  $K_{ATP}$  channels is preserved in aged rats. Our findings indicate that nicorandil may enhance the endogenous protective mechanisms mediated by vascular  $K_{ATP}$  channels, even in elderly patients.

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